

## Morpho anat 2



- Anatomie2 :  
*Mbre Sup*  
rappels
- repères  
pratiques



J-L. JULLY

UBO Brest

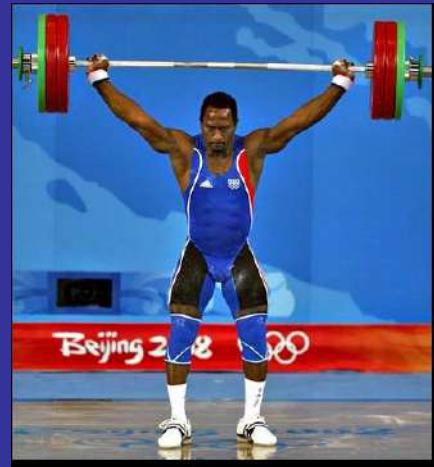
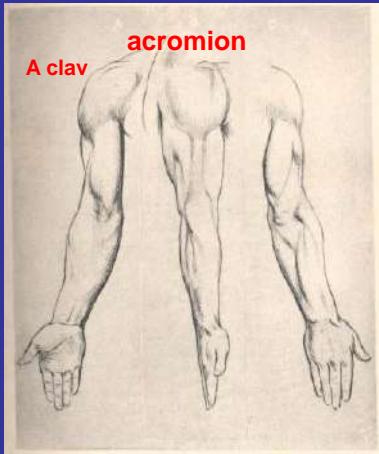
2024 L3



## Mbre Sup

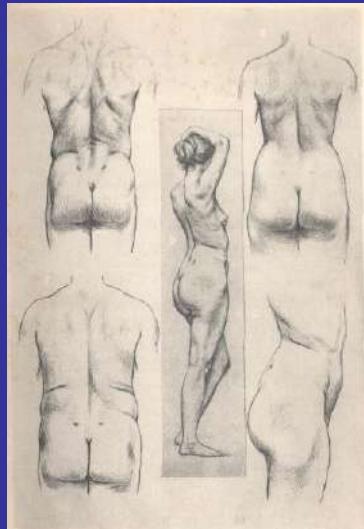


## Membre sup



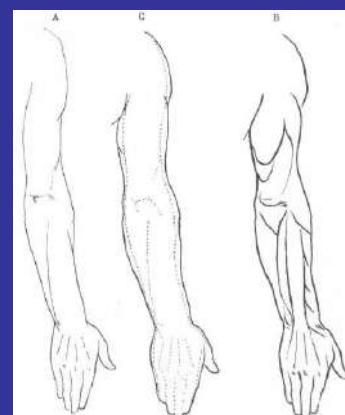
**Ceinture scapulaire**

## Mbre Sup



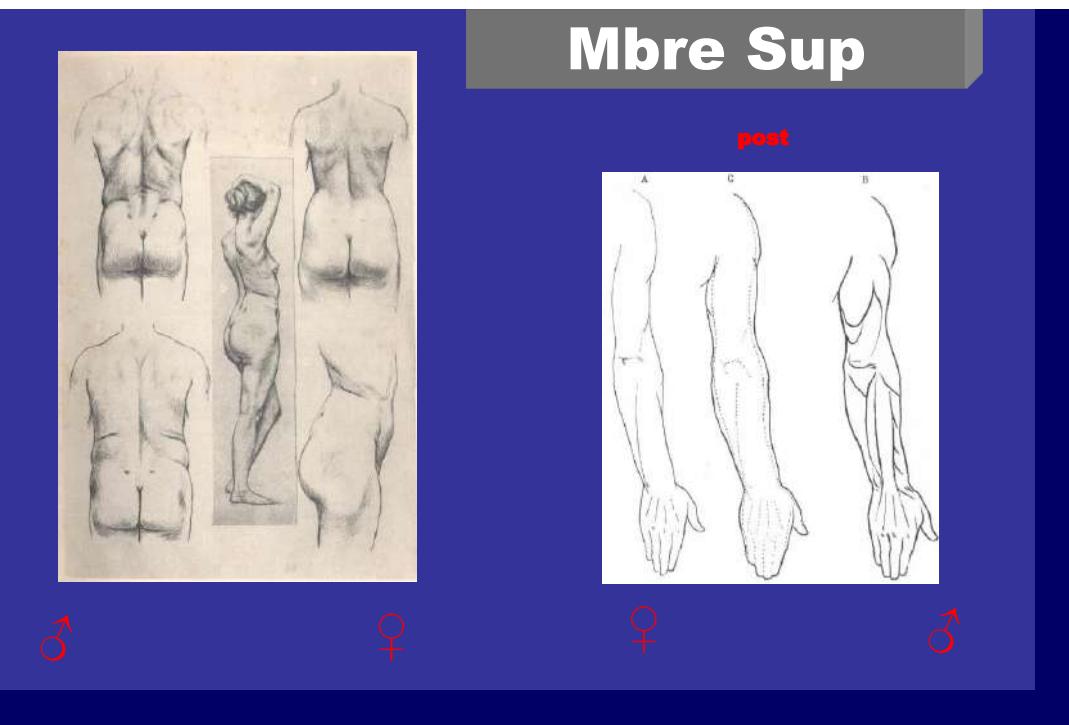
♂

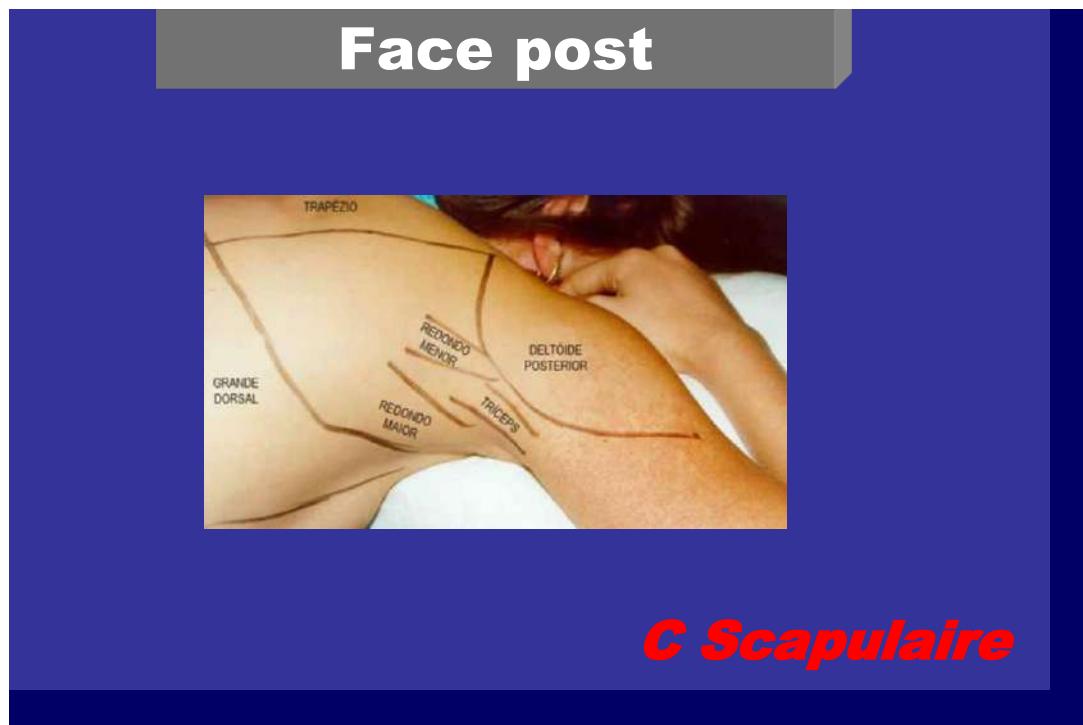
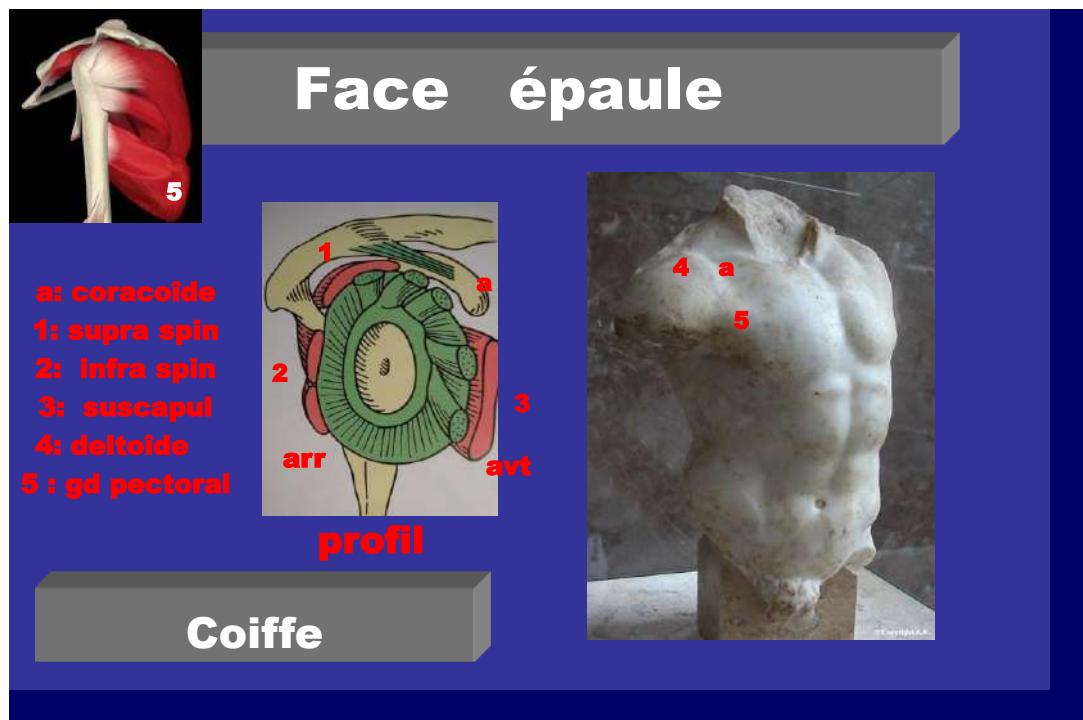
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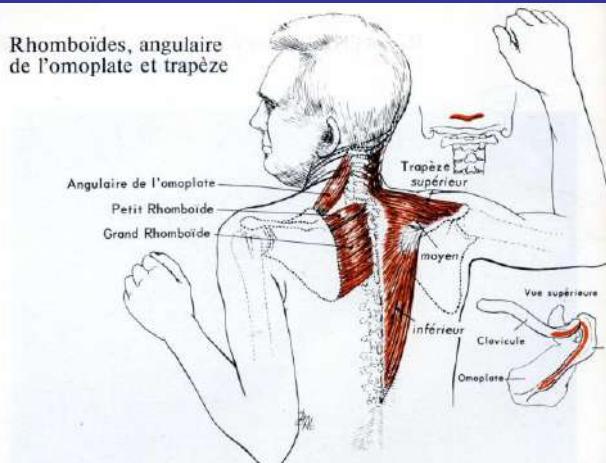
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♂





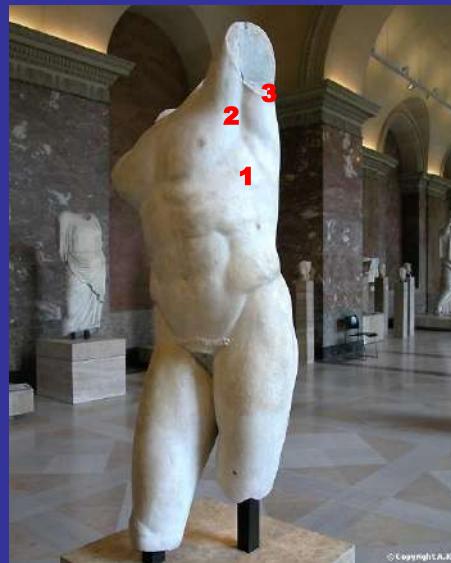
## Face post



**C Scapulaire**

## Membre sup

- 3 : gd dorsal
- 2: gd pectoral
- 1: gd dentelé



## Thorax, mbre sup: fant



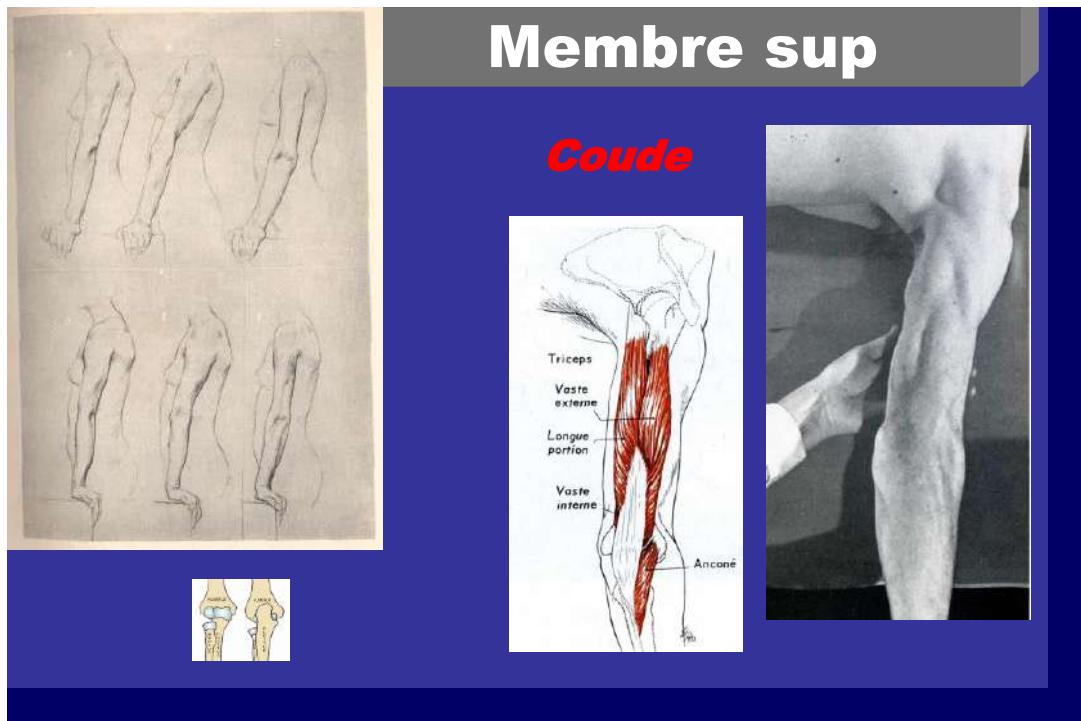
David - M Ange 1501



Heracles - Bourdelle 1861-1929

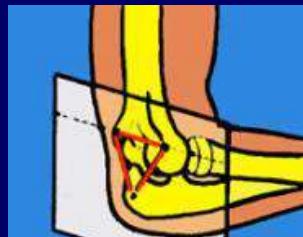


C. Claudel 1864-1943



## Coude luxation :

**Urgence**

**Triangle Nelaton, ligne HUNTER**

## Membre sup

### Force musculaire

- La force d'extension représente environ 60-70% de celle de flexion
- La force de supination est habituellement plus forte de 15% que celle de pronation

### Coude



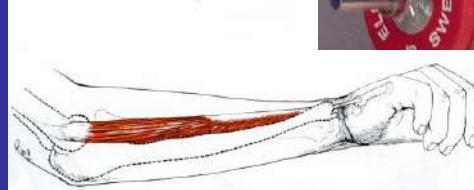
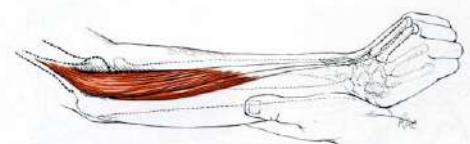
Le coude intervient pour 15% de la force du service      Vitesse angulaire = 1000°/sec pour l'extension du coude et =350°/sec pour la pronation

Action prédominante des extenseurs du poignet dans tous les gestes du tennis

Action plus particulière du biceps lors de la phase de follow-through au service

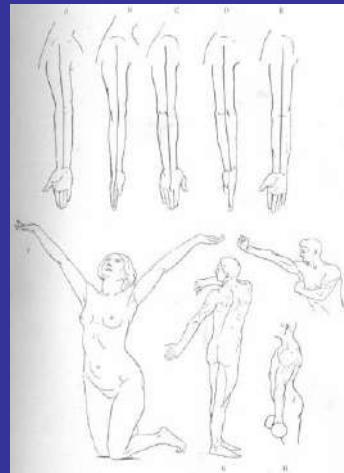
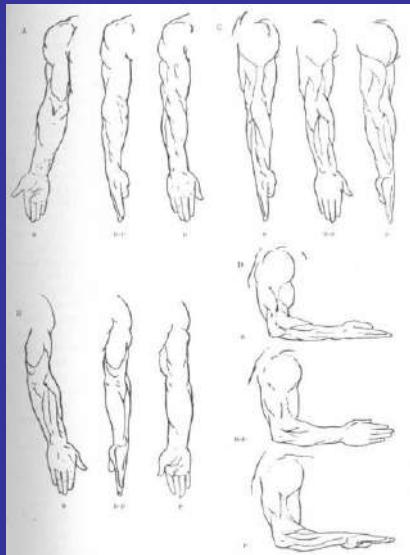
## Membre sup

Premier et deuxième radial  
(*Extensor carpi radialis longus*  
*Extensor carpi radialis brevis*)



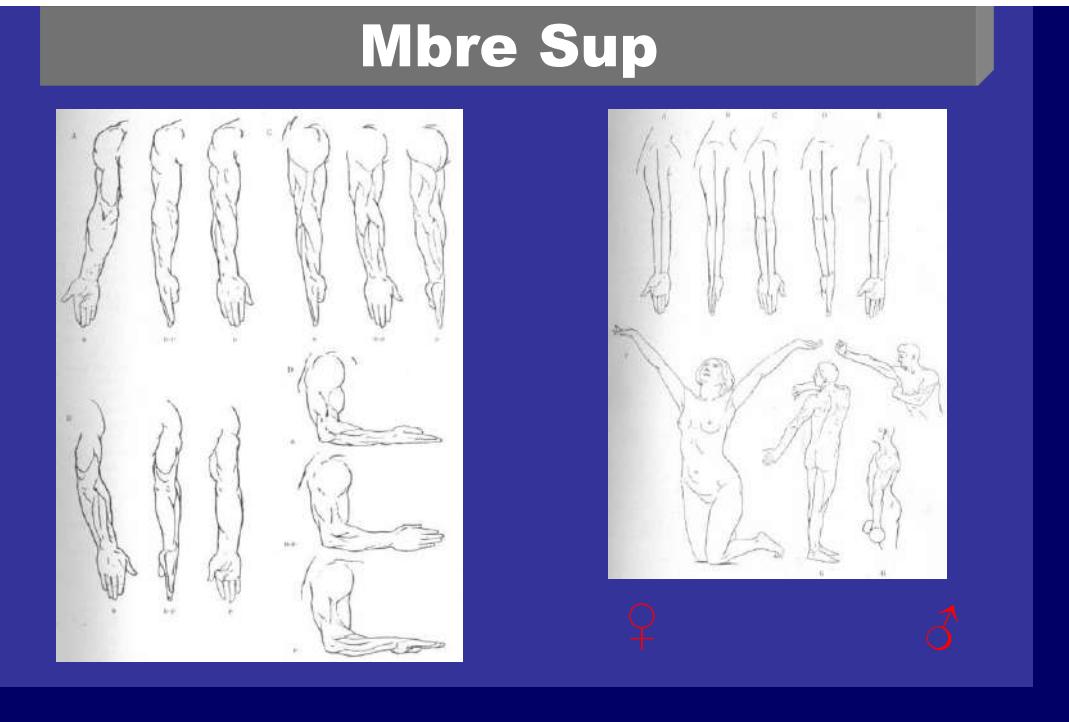
**Avt bras**

## Mbre Sup



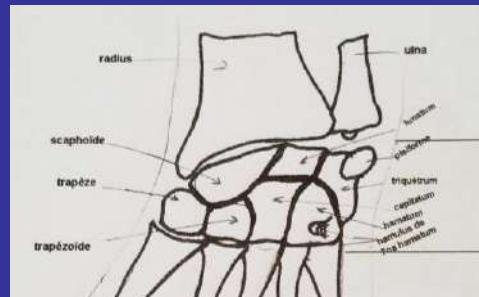
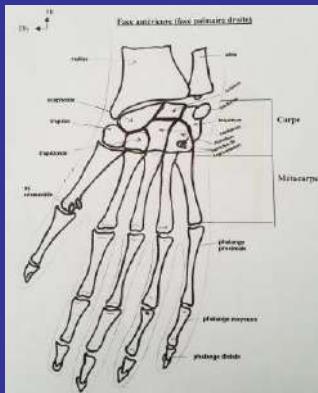
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## La Main

*Main droite*

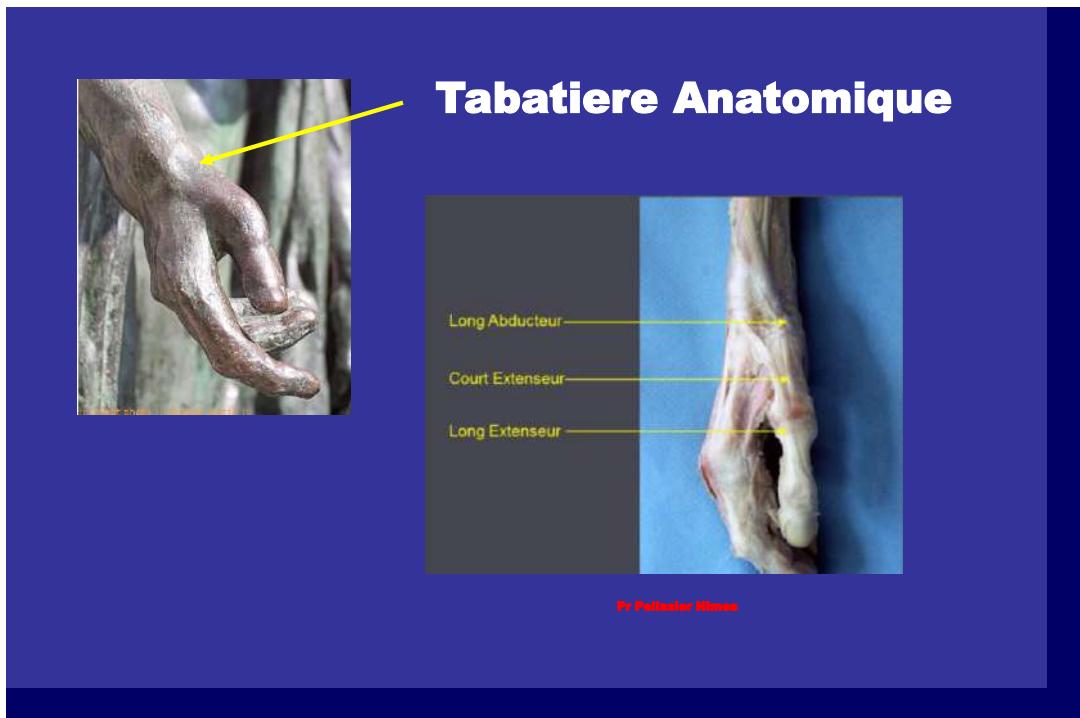


Dh 1    2 3    4 5    Dd

## Membre sup

*Main*





## M Sup: dgt pouce



1

Poser la bande en partant en avant du pouce.  
Cravater ce dernier vers l'avant et terminer en faisant le tour du poignet.

2



### Entorse Pouce



3



4

2eme passage



5 Collier final

## M Sup: poignet, dgts



Position art raccourcie



### Entorse LL

